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RELATIONSHIP BETWEEN HEALTH STATUS AND EXPENDITURE ON HEALTH

MURAT DARCIN DIRECTOR MINISTRY OF INTERIOR AFFAIRS ANKARA

ABSTRACT

In this article, it has been examined the relationship between expenditure on health and health status by using canonical correlation analysis. The study uses life expectancy at birth (years), under 5 mortality rate (per 1,000), adult mortality rate (per 1,000) and total fatality rate (per 1,000) as health status indicators. Five indicators of the expenditure on health were used: total expenditure on health as % of gross domestic product, per capita total expenditure on health at average exchange rate (US\$), per capita total expenditure on health at international dollar rate, per capita government expenditure on health at average exchange rate (US\$), per capita government expenditure on health at international dollar rate. The results of the analyses provided evidence that expenditure on health is important determinants of health status.

KEYWORDS

Health status; expenditure on health.

1. INTRODUCTION

o see the desired impact of made health expenditures on country's healthcare status, the comparison of the health expenditures with country's health status, is very important.

According to the World Health Organization, health is "a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity." In other worlds, the state of being healthy is not only about having not diseases or discomfort but at the same time, it is about mental well-being. Because of health is about one person's physical and mental status, it can be defined as what to do for health services to keep individuals and society in a good state of physical, mental, and social aspect to help them to continue with their lives. As well as elimination of factors that cause diseases, eradication of diseases or illness preventive measures, considered within the scope of health services.

Health expenditures within the scope of health services ensure future cost-savings while maintaining the ability to work and reducing future health problems. Health status of the community is related to the country's socio-economic condition and rational use of resources. For example; OECD countries that make up 19% of the population of the world, take the 85% of the total health expenditures.

The average life expectancy or in other words how long time people live shows how good quality of life provided by the country to their citizens or for that matter, it is a very significant indicator in evaluating the capacity of that country. Another indicator which is very closely related to this indicator is infant-mortality and under-five child mortality rate.

In this study, the relationship between healthy life indicator and expenditure on health in some countries was examined by canonical correlation analysis method using NCSS (Number Cruncher Statistical System) packaged-software.

2. MATERIAL AND METHODS

2.1. Material

Material of this study is 100 countries. Data were collected from 100 countries by using World Health Organization statistics. Variables diveded into two sets. The first set is health status data set (X variables set) and the second set is expenditure on health set (Y variables set).

- The health status includes these variables: c1: Total fatality rate.
- c2: Life expectancy at birth (years) (both sexes).
- c3: Under 5 mortality rate (both sexes).
- c4: Life expectancy at birth males.
- c5: Life expectancy at birth females.
- c6: Under 5 mortality rate males.
- c7: Under 5 mortality rate females.
- c8: Adult mortality rate males.
- c9: Adult mortality rate females.
- The expenditure on health includes these variables:
- c10: Total expenditure on health as % of gross domestic product %.
- c11: Per capita total expenditure on health at average exchange rate (US\$).
- c12: Per capita total expenditure on health at international dollar rate.
- c13: Per capita government expenditure on health at average exchange rate (US\$).
- c14: Per capita government expenditure on health at international dollar rate.
- 2.2. Statistical method

The relationship between traffic-related mortality and economic development was examined by Canonical Correlation Analysis (CCA) method using NCSS (Number Cruncher Statistical System) packaged-software.

Canonical correlation is an exploratory statistical technique that examines the relationship between two sets of variables where each set contains more than one variable. It can be considered as a method of aggregating multiple associations into a few significant associations (Johnson and Wichern, 2002; Martin *et al.*, 2005).

CCA is a generalization of the ordinary Pearson correlation coefficient to multi-dimensional variables (Ridderstolpe *et al.*, 2005) and measures the association between two sets of multi-dimensional variables by assessing the correlation between the linear combinations of one set of variables with the linear combinations of a second set of variables (Johnson and Wichern, 2002; Martin *et al.*, 2005; Ridderstolpe *et al.*, 2005).

CCA can be viewed as an extension of multiple regression to situations involving more than one single response variable (Anderson, 1984; Borga, 1998; Ridderstolpe *et al.*, 2005). CCA finds the coordinate system that is optimal for correlation analysis. Canonical correlations are invariant to scaling of the variables (Ridderstolpe *et al.*, 2005).

The optimization criterion is to maximize the association between two groups of variables rather than to maximize the amount of multivariate variation (Martin *et al.*, 2005). CCA is not an indicator of causality (Khattree and Naik, 2000), but a common spatial structure of canonical variables pairs is evidence of the spatial association between these groups of variables (Johnson *et al.*, 2002; Wu *et al.*, 2002; Martin *et al.*, 2005)

CCA gives the maximum correlations between two sets of variables, and at the same time it gives the optimal explanation of variability within the subgroup of variables. Canonical correlation is the most appropriate and powerful multivariate technique if there are multiple dependent and independent variables, It has

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been used in many fields and represents a useful tool for multivariate analysis. Canonical correlation represents the only technique available for examining the relationship with multiple dependent variables. Canonical correlation derives the variates to maximize their correlation. This is another unique feature of canonical correlation (Hair et al., 1998).

CCA is used to investigate the relationship between a linear combination of the set of X variables with a linear combination of a set of Y variables. Consider two groups of variables (X and Y) such that one has p variables (X1, X2,...,Xp), and the other has q variables (Y1, Y2, ...,Yq). Linear combinations of the original variables can be defined as canonical variates (Wm and Vm) as follows: (1)

$$Wm = am1X1 + am2X2 + ... + ampXp$$

 $Vm = bm1Y1 + bm2Y2 + ... + bmaYa$

The two resulting linear combinations, one of x-variables and one of y-variables are called the first canonical variables or the first pair of canonical variables (Ridderstolpe et al., 2005).

The correlation between Wm and Vm can be called canonical correlation (Cm). Squared canonical correlation (canonical roots or eigenvalues) represents the amount of variance in one canonical variate accounted for by the other canonical variate (Hair et al., 1998).

The linear combination of the components of X and the components of Y would be W=a'X and V=b'Y, respectively. Variances and (co)variances of canonical variates as follows:

Var(W) = a'Cov(X)a = a'Σ11a	(3)
$Var(V) = b'Cov(Y)b = b'\Sigma 22b$	(4)
$Cov(W,V) = a'Cov(X, Y)b = a'\Sigma 12b$	(5)
Then the correlation coefficient between W and V canonical variates is	
a'Σ12b	
$r(V,W) = \frac{1/2}{1/2}$	(6)
$[(a'\Sigma11a)(b'\Sigma22b)]$	
The null hypotheses is that	
H0 : r1 = r2 = = rm = 0	(7)
and alternative hypotheses is that	
H1: not all r's are equal.	(8)
For testing the above hypothesis, the most widely used test statistic Wilks' lambda is defined as follows:	
$\Lambda = \pi (1 - ri^2)$	(9)
i+1	
It is used Wilks' lambda statistic to develop an approximate chi-square test with pq degrees of freedom:	
$\chi^2 = -[n-0.5 (p+q+1)] \ln \Lambda$	(10)

In formula (10) n is the number of cases, In states the natural logarithm function, p is the number of variables in one set and q is the number of variables in the other set.

The statistical significance of χ^2 test is compared with α = 0.05, 0.01, 0.001 critical value of chi-square statistic with pq degrees of freedom.

Matrix scores on canonical variates of Vi and Wi are calculated by using values in original data. The sum of canonical scores for each variate is equal to zero. Correlation coefficients between canonical scores (Vi and Wi) and observed values (Xi, Yi) are called as canonical weights or canonical structure and calculated as follows:

CViXi = corr(Vi,Xi)					(11)
CViYi = corr(Vi,Yi)					(12)

Canonical weights are used to determine which variables effect markedly to which one of the canonical variates. The canonical weights allow the user to understand how each variable in each set uniquely contributes to the respective weighted sum of canonical variate.

Explained variance is the sum of the squared canonical weights divided by the number of variables in the set and defines how much variance each canonical variate explains.

k	
Explained Variance (X)= ∑c ² vixi / p	(13)
i=1	
k	
Explained Variance (Y)= ∑c ² wiYi / q	(14)
i=1	

The high number of explained variance can clarify whether or not eigenvalues of solution matrix are acceptable level to state correlation between observed two sets by canonical correlation of the sets.

3. RESULTS

Descriptive statistics (the mean values and standard deviation) of each variable considered in both sets are presented in Table 1.

	TAB	E 1: DESC	RIPTIVE ST	ATISTICS SECTION
100	Туре	Variable	Mean	StandardDeviation
	Y	C1	2,324	1,096101
	Y	C2	71,7	8,182884
	Υ	C3	28,76	35,05958
18 M 1	Y	C4	68,96	7,85078
The second se	Y	C5	74,41	8,519846
	Y	C6	30,68	36,62336
10 million 1	Y	C7	26,7	33,61532
	Y	C8	210,45	123,7263
	Y	C9	131,15	111,0964
	Х	C10	6,765	2,437227
	Х	C11	934,56	1342,915
	Х	C12	1061,53	1162,864
	Х	C13	669,69	993,1007
	Х	C14	736,41	856,3143

The Pearson's correlations between variables of health status and variables of expenditure on health are shown in Table 2.

(2)

	TABLE 2: CORRELATION SECTION													
	C1	C2	C3	C4	C5	C6	C7	C8	C9	C10	C11	C12	C13	C14
C1	1,00	-0,73	0,79	-0,66	-0,78	0,78	0,79	0,53	0,72	-0,30	-0,35	-0,42	-0,34	-0,41
C2	-0,73	1,00	-0,90	0,99	0,99	-0,90	-0,89	-0,93	-0,93	0,42	0,57	0,62	0,57	0,62
C3	0,79	-0,90	1,00	-0,86	-0,91	1,00	1,00	0,72	0,82	-0,40	-0,43	-0,49	-0,42	-0,49
C4	-0,66	0,99	-0,86	1,00	0,95	-0,87	-0,85	-0,96	-0,91	0,41	0,58	0,62	0,58	0,62
C5	-0,78	0,99	-0,91	0,95	1,00	-0,91	-0,91	-0,87	-0,95	0,42	0,54	0,59	0,54	0,60
C6	0,78	-0,90	1,00	-0,87	-0,91	1,00	0,99	0,73	0,82	-0,40	-0,43	-0,49	-0,43	-0,49
C7	0,79	-0,89	1,00	-0,85	-0,91	0,99	1,00	0,71	0,81	-0,39	-0,42	-0,48	-0,42	-0,48
C8	0,53	-0,93	0,72	-0,96	-0,87	0,73	0,71	1,00	0,90	-0,29	-0,49	-0,51	-0,49	-0,52
C9	0,72	-0,93	0,82	-0,91	-0,95	0,82	0,81	0,90	1,00	-0,26	-0,40	-0,44	-0,40	-0,45
C10	-0,30	0,42	-0,40	0,41	0,42	-0,40	-0,39	-0,29	-0,26	1,00	0,66	0,71	0,61	0,65
C11	-0,35	0,57	-0,43	0,58	0,54	-0,43	-0,42	-0,49	-0,40	0,66	1,00	0,98	0,97	0,96
C12	-0,42	0,62	-0,49	0,62	0,59	-0,49	-0,48	-0,51	-0,44	0,71	0,98	1,00	0,94	0,96
C13	-0,34	0,57	-0,42	0,58	0,54	-0,43	-0,42	-0,49	-0,40	0,61	0,97	0,94	1,00	0,98
C14	-0,41	0,62	-0,49	0,62	0,60	-0,49	-0,48	-0,52	-0,45	0,65	0,96	0,96	0,98	1,00

These correlations show that fatality and mortality rates are negatively correlated to variables of the expenditure on health, life expectancy at birth is positively correlated to the expenditure on health.

Through canonical correlation analysis, a composite (also called as canonical function) of the health status accounts that correlate with a composite of the expenditure on health accounts is derived. The canonical correlation analysis procedure provides as many pairs as there are accounts in the smaller set, which is five in this study.

The test statistics for the canonical correlation analysis are presented in Table 3. The canonical correlations between the first (0,836) were found to be significant (p<0,01) from the likelihood ratio test. The remaining canonical correlation is not statistically significant (p>0,05).

By construeing the first canonical variate it is possible to find relationship between the health status and the expenditure on health as rate of 69,93 %.

	TABLE 3. CANONICAL CORRELATIONS SECTION												
Variate Number	Canonical Correlation	R-Squared	F-Value	Num DF	Den DF	Prob Level	Wilks' Lambda						
1	0,836241	0,699299	3,48	45	388	0	0,21898						
2	0,433391	0,187828	0,9	32	322	0,619277	0,728232						
3	0,279369	0,078047	0,47	21	253	0,979194	0,896648						
4	0,154806	0,023965	0,21	12	178	0,997989	0,972553						
5	0,05973	0,003568	0,06	5	90	0,997105	0,996432						
F-value te	F-value tests whether this canonical correlation and those following are zero.												

TABLE 3: CANONICAL CORRELATIONS SECTION

For the first canonical variate suggests that about 31,3% of the variation in Y variables is explained by the X variables and about 57,3% of the variation in X variables is explained by the Y variables (Table 4). These values indicate that health status and expenditure on health interdependencies were strong.

TABLE 4: VARIATION EXPLAINED SECTION

TABLE 4. VARIATION EXI LAINED SECTION											
Canonical	Variation	Explained	Individual	Cumulative	Canonical						
Variate	in these	by these	Percent	Percent	Correlation						
Number	Variables	Variates	Explained	Explained	Squared						
1	Y	Y	44,7	44,7	0,6993						
1	Y	Х	31,3	31,3	0,6993						
1	Х	Υ	57,3	57,3	0,6993						
1	Х	Х	81,9	81,9	0,6993						

Standardized canonical coefficients for the first X,Y variate are given in Table 5. Standardized canonical coefficients shows variation (kind of standard deviation) in canonical variate in parallel with 1 standart deviation increase in original variables. In other words these coefficients represent relative contributions of original variables to the related variate.

Equations of Y1 and X1 canonical variate are as follows:

Y1= -0,137c1 + 4,107c2 + 17,237c3 - 0,749c4 + 0,228c5 - 8,979c6 - 7,269c7 + 0,698c8 + 1,456c9

X1=0,0007c10-0,845c11+1,006c12-0,084c13+0,903c14

TABLE 5: STANDARDIZED CANONICAL COEFFICIENTS SECTION

Y1	Standardized Y Canonical Coefficients Section										
	c1	c2	с3	c4	c5	c6	с7	c8	с9		
	-0,13709	4,107394	17,23734	-0,74893	0,227503	-8,97919	-7,26907	0,697967	1,455561		
X1	Standardi	zed X Canor	nical Coeffic	ientsSectio	n						
	C10	C11	C12	C13	C14						
	0.00074	-0,84543	1,006209	-0,08429	0,903134						

Since the canonical coefficients can be unstable due to small sample size or presence of multicolinearity in the data, the loadings were also considered to provide substantive meaning of each variable for the canonical variate (Akbas and Takma, 2005).

To evaluate the important accounts of the significant canonical function, canonical loadings were used in this study. Canonical loadings greater than ±0.30 were considered important (Hair et al., 1998).

The variable-variate correlations (canonical loadings and canonical cross loadings) of the first canonical variate are presented in Table 6 and Table 7.

TABLE 6: VARIABLE - VARIATE CORRELATIONS (CANONICAL LOADINGS)

4

	Y variable set										
Y1	L C1 C2 C3 C4 C5 C6 C7 C8 C9										
	-0,56002	0,780714	-0,6369	0,764696	0,75918	-0,64529	-0,62885	-0,6314	-0,57002		
	X variable set										
X1	c10	c11	c12	c13	c14						
	0,697345 0,926215 0,970824 0,922554 0,978197										

TABLE 7: VARIABLE - VARIATE CORRELATIONS (CANONICAL CROSS LOADINGS)

Y variable set										
ſ	X1	c1	1 c2 c		c4	c5	c6	c7	c8	с9
		-0,46831	0,652865	-0,5326	0,63947	0,634857	-0,53962	-0,52587	-0,528	-0,47667
	X variable set									
ſ	Y1	c10	c11	c12	c13	c14				
		0,583148	0,774539	0,811843	0,771478	0,818008				

Canonical cross loadings of variables with variate are almost the same as canonical loadings.

4. DISCUSSION

The results of the analyses provided evidence that there is significant positive relationship between expenditure on health and health status. This conforms to findings of other studies that health expenditure is an important factor of health status (Anyanwu and Erhijakpor, 2007; Akinkugbe and Afeikhena, 2006; Berger and Messer, 2002; Baldacci et al., 2002; Bokhari et al., 2006, Issa and Ouattara, 2005, Baldacci et al., 2004).

Or (2001) investigated the factor of differences in mortality rates across 21 OECD countries between 1970 and 1995 and found a weak statistically significant relationship between per capita expenditure on health and health outcomes.

Anyanwu and Erhijakpor (2007) examined the relationship between health expenditures and two health outcomes: under-five mortality and infant mortality using data from 47 African countries between 1999 and 2004. They found that 10% increase per capita total health expenditure results in 21% decrease in under-five mortality and 22% decrease in infant mortality (Anyanwu and Erhijakpor, 2007). The results show that health expenditures have a statistically significant effect on under-five mortality and infant mortality rate.

Akinkugbe and Afeikhena (2006) also suggest that health care expenditure as a ratio of GDP positively and significantly effects life expectancy, under-five mortality and infant mortality is in SSA, Middle East and North Africa.

Some studies proved that health expenditures have very strong effect on life expectancy at birth (Lichtenberg, 2002; Tüylüoğlu ve Tekin, 2009).

Wang (2002) studied the agents of health outcomes in low-income countries and found that at the national level public health expenditure significantly decreases child mortality.

Novignon et al. (2012) used panel data covering 44 countries in sub-Saharan Africa in a regression models study. They found that health expenditures have a statistically significant effect on health status by increasing life expectancy at birth, reducing death and infant mortality rates.

Day and Tousignant (2005) examined the relationship between health outcomes and health expenditure in Canada for the periods 1926-1999, 1950-1997 and 1960-1997. They concluded that relationships between the health status real per capita health expenditures were statistically significant and not very strong.

Tüylüoğlu and Tekin (2009) concluded that health expenditure reduces infant mortality rates. Gupta, Tiongson and Verhoeven (1999) also found the same results by using data from 50 developing and transition countries observed in 1994.

Nixon and Ulmann (2006) examined relationship between health care inputs and health outcomes using data They also concluded that health expenditure has a significant effect on infant mortality.

Issa and Ouattara (2005) also proved a strong negative relation between health expenditure and infant mortality rates in their study by using a panel data on 160 countries.

The effect of health expenditure on life expectancy and infant mortality is more than income (Tüylüoğlu and Tekin, 2009).

On the contrary, some studies have suggested that the link between expenditure on health and health status is either small or statistically insignificant (Musgrove, 1996; Filmer D, Pritchett, 1997; Kim and Moody, 1992; Thornton, 2002; Filmer et al., 1998). Burnside and Dollar (1998) has also found no significant relationship between health expenditure and infant mortality in low-income countries.

Also in a cross-sectional data covering 117 countries for the year 1993, Zakir and Wunnava (1999) found that government expenditure on health as a percentage of GNP has not main effect on infant mortality rates. Similarly, a World Bank report (2004), by using a panel of data for the Indian states during 1980-99, found no effect of health expenditure on mortality rates.

Riman and Akpan (2004) analyzed annual statistical reports of Central Bank of Nigeria in the period from 1980 to 2004 and they did not find a significant long run relationship between expenditure on health and life expectancy.

5. CONCLUSIONS

Indicator of health status in a country is not only from the expenditures on health but also education, poverty, adequate nutrition and improvements in other important factors that are closely related to health status indicators should be also considered. But it is stil important to know that there is a positive relation between health indicators and health expenditures. For basic improvement in health indicator, sources must be separeted as the same amount as increasing investment in health-care.

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ISSN 2231-4245

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