

# INTERNATIONAL JOURNAL OF RESEARCH IN COMMERCE AND MANAGEMENT

**CONTENTS** 

Sr. No.	TITLE & NAME OF THE AUTHOR (S)	Page No.
1.	PRICING STRATEGY IN MARKETING OF B-SCHOOLS: A STUDY OF THE INDIAN CONTEXT DR.RAJESH S. MODI	6
2.	INDIAN TEACHER'S STRESS IN RELATION TO JOB SATISFACTION: AN EMPIRICAL STUDY DR. B. V. PRASADA RAO, S. R. PDALA & WAKO GEDA OBSE	12
3.	INEFFECTIVE CORPORATE GOVERNANCE: CHALLENGES OF INTERNAL AUDIT FUNCTION	16
	DR. ISHOLA RUFUS AKINTOYE, DR. RICHARD O. AKINGUNOLA & JIMOH EZEKIEL OSENI	
4.	A NEXUS BETWEEN BOP ENTREPRENEURS AND BOP CONSUMERS: A SNAPSHOT FROM BANGLADESH KOHINOOR BISWAS & M SAYEED ALAM	23
5.	KAIZEN IN THE INDIAN CONTEXT- A CASE STUDY TUSHAR N. DESAI & N. K. KESHAVA PRASANNA	28
6.	STRATEGIC INTERVENTION FOR HUMAN RESOURCE PLANNING AND DEVELOPMENT: MANAGING CHANGE IN BRITISH AIRWAYS	37
7.	DR. S. P. RATH, PROF. CHEF RAMESH CHATURVEDI & PROF. BISWAJIT DAS EMPLOYEE RETENTION: A COMPARATIVE STUDY OF INDIAN BPO COMPANIES	42
8.	DR. SANGEETA GUPTA & MS. N MALATI NURTURING ENTREPRENEURSHIP IN RURAL COMMUNITIES	49
	SWAMY TRIBHUVANANDA H. V. & DR. R. L. NANDESHWAR	
9.	EMPLOYER BRANDING FOR SUSTAINABLE GROWTH OF ORGANISATIONS DR. V. T. R. VIJAYAKUMAR, MRS. S. ASHA PARVIN & MR. J. DHILIP	53
10.	A STUDY ON THE RELATIONSHIP BETWEEN EMOTIONAL INTELLIGENCE AND PERSONALITY OF PROFESSIONAL AND NON- PROFESSIONAL STUDENTS- AN EXPLORATORY EVIDENCE G. M. ARCHANA DAS & T. V. ANAND RAO	58
11.	ORGANIZATION CULTURE IN MANAGEMENT INSTITUTIONS WITH SPECIAL REFRENCE TO JAIPUR, RAJASTHAN PROF. ANIL MEHTA, DR. PANKAJ NAGAR & BHUMIJA CHOUHAN	66
12.	AN ANALYTICAL STUDY OF EXPORT PERFORMANCE OF MINERALS AND METALS TRADING CORPORATION LTD. (MMTC) IN THE GLOBALISED ERA DR. MANISH KUMAR SRIVASTAVA & DR. ASHISH KUMAR SRIVASTAVA	73
13.	SELECTION OF SUPPLIER EVALUATION CRITERIA: FROM THE PERSPECTIVE OF TRIPLE BOTTOM LINE THEORY AND APPLICATION OF FACTOR COMPARISON METHOD	80
14.	DR. PADMA GAHAN & MANOJ MOHANTY COMMODITIES TRADING WITH SPECIAL REFERENCE TO ALUMINIUM DR. A. VENKATA SEETHA MAHA LAKSHMI & RAAVI RADHIKA	91
15.	RESPONSIBILITY AND ROLE OF LINE MANAGERS: AN EMPIRICAL STUDY DR. DAVINDER SHARMA	99
16.	MARKET BASKET ANALYSIS TO THE RESCUE OF RETAIL INDUSTRY MR. R. NAVEEN KUMAR & DR. G. RAVINDRAN	104
17.	A STUDY OF VARIOUS SECTORS IN BLACK MONDAY AND GOLDEN MONDAY OF INDIAN STOCK MARKETS BLACK MONDAY: 21.01.2008 GOLDEN MONDAY: 18.05.2009 DR. N. SUNDARAM	108
18.	A COMPARATIVE STUDY ON CONSUMERS' ATTITUDE TOWARDS PRIVATE LABELS: A SPECIAL FOCUS IN SURAT DR. AMIT R. PANDYA & MONARCH A. JOSHI	116
19.	CONSUMER SATISFACTION ON TWO WHEELER MOTOR BIKES: A STUDY ON NANDYAL, KURNOOL DISTRICT, A.P., INDIA	125
20	DR. P. SARITHA SRINIVAS IMPACT OF SOCIO-CULTURAL DYNAMICS ON CONSUMER BEHAVIOUR AT FOOD OUTLETS: AN EMPIRICAL STUDY IN WESTERN MAHARASHTRA PROF. PADMPRIYA ANAND IRABATTI	130
21	IMPACT OF DERIVATIVES TRADING ON MARKET VOLATILITY AND LIQUIDITY	135
22	GURPREET KAUR IMPACT OF THE DEMOGRAPHICAL FACTORS ON THE PURCHASING BEHAVIOUR OF THE CUSTOMERS' WITH SPECIAL REFERENCE TO FMCG: AN EMPIRICAL STUDY	140
23	AMANDEEP SINGH FINANCING STRATEGIES IN POWER PROJECTS FINANCING FOR THE DEVELOPMENT OF ECONOMY - INVESTMENT OPPORTUNITIES AND CHALLENGES – A STUDY OF INDO-CANADIAN EXPERIENCES MR. K. S. SEKHARA RAO	144
24	EMERGENCY HEALTHCARE MANAGEMENT IN INDIA: A STUDY OF THE ROLE OF EMERGENCY MANAGEMENT RESEARCH INSTITUTE NENAVATH SREENU	154
25	MEDIA COLLISION ON THE BRAIN FRAME: IMPACT OF MEDIA ON THE CONSUMER BUYING BEHAVIOUR SWATI CHAUHAN & YADUVEER YADAV	160
	REQUEST FOR FEEDBACK	176

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- Bowersox, Donald J., Closs, David J., (1996), "Logistical Management." Tata McGraw, Hill, New Delhi.
- Hunker, H.L. and A.J. Wright (1963), "Factors of Industrial Location in Ohio," Ohio State University.

#### **Contributions to books**

• Sharma T., Kwatra, G. (2008) Effectiveness of Social Advertising: A Study of Selected Campaigns, Corporate Social Responsibility, Edited by David Crowther & Nicholas Capaldi, Ashgate Research Companion to Corporate Social Responsibility, Chapter 15, pp 287-303.

#### Journal and other articles

• Schemenner, R.W., Huber, J.C. and Cook, R.L. (1987), "Geographic Differences and the Location of New Manufacturing Facilities," Journal of Urban Economics, Vol. 21, No. 1, pp. 83-104.

#### **Conference papers**

• Chandel K.S. (2009): "Ethics in Commerce Education." Paper presented at the Annual International Conference for the All India Management Association, New Delhi, India, 19–22 June.

#### Unpublished dissertations and theses

• Kumar S. (2006): "Customer Value: A Comparative Study of Rural and Urban Customers," Thesis, Kurukshetra University, Kurukshetra.

#### Online resources

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#### Website

• Kelkar V. (2009): Towards a New Natural Gas Policy, Economic and Political Weekly, Viewed on February 17, 2011 http://epw.in/epw/user/viewabstract.jsp

INTERNATIONAL JOURNAL OF RESEARCH IN COMMERCE & MANAGEMENT 57

## A STUDY ON THE RELATIONSHIP BETWEEN EMOTIONAL INTELLIGENCE AND PERSONALITY OF PROFESSIONAL AND NON-PROFESSIONAL STUDENTS- AN EXPLORATORY EVIDENCE

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#### ABSTRACT

Students with high Emotional Quotient are highly successful and bag laurels in any context. Perhaps, high success rate of these students could be attributed to their Emotional competencies and efficacy. The present study examines the relationship between Emotional Intelligence and Personality of professional and non-professional students. The total sample comprises 246 students with a mean age of 22.43 of Visakhapatnam district, out of which 57% constitute male students, 43% constitute female students. 68 % constitute professional students and 31% constitute non-professional students. Two inventories were used for data collection. Emotional intelligence scale developed by Dr.Meera Shanker and Dr.Omer Bin Sayeed (2006) was used to examine the emotional intelligence of students. Myer Briggs Type Indicator Form G developed by Isabel Myers and Katherine Briggs (1977) was used to measure the personality preference on 4 dichotomies that includes extraversion vs. introversion (E-I), sensing vs. intuition (S-N), thinking vs. feeling (T-F), judging vs. perceiving (J-P). Significant positive and negative correlations were found within male and female student groups on some factors of Emotional Intelligence and Personality. Results indicate significant positive correlation between Extraversion and some EI factors like impulsiveness, self acceptance, problem solving, self awareness, and personal fulfilliment within professional student group and a negative correlation between Extraversion and some EI factors like empathy and anxiety and stress within non-professional student group. Most of the findings were consistent with the results reported elsewhere in the literature.

#### **KEYWORDS**

Emotional Intelligence, extraversion, feeling, intuition, introversion, judging, perceiving, sensing, thinking.

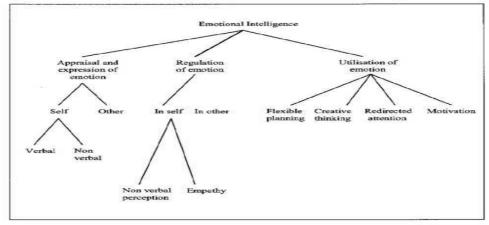
#### INTRODUCTION

The concept of emotional Intelligence has gained popularity as the outcomes associated with high Emotional Quotient are manifold. The term emotional Intelligence has been proposed in 1985 with Wayne's Leon Payne's doctoral thesis, "A study of emotion: Developing emotional intelligence", that provided a clear understanding of the nature and characteristics of Emotional Intelligence. Mayer and Salovey are often credited with the work of Emotional Intelligence. Mayer and Salovey defined Emotional Intelligence as "the subset of social intelligence that involves the abilities to monitor one's own and other's feelings and emotions, to discriminate among them and to use this information to guide one's thinking and action". (p.189).According to Mayer and Salovey's Ability model there are four related abilities:

- 1. Ability to identify emotions
- 2. Ability to use emotion to facilitate thinking,
- 3. Ability to understand emotions,

4. Ability to manage emotions

The below given illustration is a pictorial representation of Mayer and Salovey's Ability Based Model.



(Salovey & Mayer, 1990)

# INTERNATIONAL JOURNAL OF RESEARCH IN COMMERCE & MANAGEMENT 58

Emerging research studies (Nelson &Low, 2003; Pearson, 2002,) suggest that Emotional intelligence and Personality factors are important constructs for students. Nelson and Low in their positive Education model, stated that high levels of Emotional Intelligence is a key factor in physical and mental health, academic achievement, personal satisfaction, and career excellence. According to the evidence provided by Goleman (1995 &1998) students with high EQ can manage their behaviors, communicate with others effectively, face change well, solve problems and use humor to build close relationship with others in difficult or tense situations. As most Emotional skills can be learnt, academicians can incorporate some good exercises and assignments that will help the students to learn Emotional competencies. Eminent researchers like Mayer and Salovey support the importance of incorporation of Emotional Intelligence in the standard curriculum (1993). Edwin M Hartman (1998) asserted that course in business ethics can help develop self-awareness, a trait that professionals should have. In 2002, Vitello-Cicciu conducted a study on university students and found that self awareness was the most vital trait for professional success. Shipper and Davy, (2002) asserted that lack of self awareness, resulted in negative performance among MBA students. Knowing this important finding, it becomes imperative for teachers and academicians to train the students in such a way that they learn and imbibe these emotional competencies to be successful in any context. But to enhance students self efficacy, it is essential for teachers to learn and apply effective and healthy stress management skills inorder to cope with pressure and remain healthy and positive.

Theorists like (Schultz, 1990; Allport, 1937; Rogers, 1959; Skinner, 1982; Freud, 1924 and Jung 1968) have described personality and its importance for human growth and development. According to Gordon Allport human Personality was something distinct within a person that leads an individual to think and behave in a particular way. The meaning of Emotional Intelligence have been expanded and characterized by a list of personality distinctions (Mayer 1999). Some studies indicate that there is a relationship between Emotional Intelligence and Personality. For instance, Personality type influences how we develop our emotional quotient, and Emotional Quotient influences how we apply and develop our personality type

Mayer (2005) also stated that there are specific and important reasons to understand the relationship between Emotional Intelligence and Personality and they are:

1. Connecting Emotional Intelligence with Personality will help in understanding many aspects of Emotional Intelligence and Personality.

2. Understanding Emotional Intelligence as a part of Personality system may identify many parts of Personality that influence Emotional Intelligence.

3. Understanding that Emotional Intelligence is a part of Personality indicates a great deal about how it will be expressed.

4. Understanding Personality helps link Emotional Intelligence with relevant parts of personality to identify target variables.

The present study has focused on Jungian's personality type theory and utilized Myer Briggs Type Indicator to examine the personality types of the students. Thereby, the researcher intends to comprehensively give an explanation of the theory. The idea of psychological types originated in the theoretical work of Carl Jung and William Marston. Personality type refers to the psychological classification of different types of people. Personality types are distinguished from personality traits, which come in different levels or degrees. According to type theories, for example, there are two types of people, introverts and extraverts. According to trait theories, introversion and extraversion are part of a continuous dimension, with many people in the middle.

#### PERSONALITY TYPE THEORY

Personality type theory is an outcome of Jung's work. Jung has suggested that there are two pairs of attitudes or orientations in type theory. They are:

**EXTRAVERSION:** In extraverted attitude, energy and attention flow out. The individual experiences a desire to rely on the environment for stimulation and guidance. Extraverts are action oriented, impulsive, and show an eagerness to communicate with others.

**INTROVERSION:** In introversion, energy is drawn from the environment toward inner experience and reflection. They show an interest in the clarity of concepts, ideas, recollected experience, and prefer detachment and privacy.

JUDGING: In judging attitude a person is concerned with making decisions, seeking closure, planning operations, or organizing activities. People preferring judging are purposeful, decisive and organized.

**PERCEIVING:** In the perceiving attitude a person is attuned to incoming information. The perceiving attitude is open, spontaneous, adaptable, curious, and interested.

The essence of Jung's comprehensive theory of type is that everyone uses four basic mental functions or processes that are called sensing and intuition, thinking and feeling.

#### TWO KINDS OF PERCEPTION:

Jung divided all perceiving attitudes into two categories namely sensing and intuition which he referred as irrational functions.

**SENSING:** Individuals showing a preference for sensing tend to focus on the immediate experiences available to their five senses. They develop characteristics associated with awareness such as enjoyment for the present moment, realism, acute powers of observation.

**INTUITION:** Refers to the perception of possibilities, meanings and relationships by way of insight. Individuals high in intuition are imaginative, theoretical, abstract, and future oriented, original and creative.

#### TWO KINDS OF JUDGMENT:

Jung divided all judging activities into two categories such as thinking and feeling and referred them as rational functions.

#### THINKING:

Individuals who are primarily oriented toward thinking are very objective, analytical, and show a concern with principles of justice and fairness. **FEELING:** 

Individuals who are primarily oriented toward feeling are more likely to be attuned to the values and feelings of others as well as to their own values and feelings. They show a strong desire for affiliation, warmth, harmony and a time orientation that includes preservation of enduring values. Jung gave 16 types and these types result from a preference for one plot of each of the four dichotomous over the opposite pole.

#### **REVIEW OF LITERATURE**

#### EMOTIONAL INTELLIGENCE IN EDUCATIONAL SETTINGS

Research on Emotional Intelligence, Personality type, and the relationship between Personality and Emotional Intelligence are gaining immense amount of attention as the findings would give some substantial inputs to academicians on the ways to improve effectiveness of educational

# INTERNATIONAL JOURNAL OF RESEARCH IN COMMERCE & MANAGEMENT 59

activities. Goleman proposed that a child's effective learning depends on the amount of skill training he or she has received. Goleman also reported that Emotional Intelligence is a better predictor of academic and personal achievement. (1995) Goleman found that distinguished organisation leaders are not only defined by high IQ but also by their high Emotional Quotient levels. Golemen also identified some people skills that distinguish these superior leaders from others and they are understanding others, developing others, leveraging diversity, political awareness, communication, conflict management, leadership, change catalysts, building bonds, collaboration and cooperation and team capabilities.

Goleman proposed guidelines for emotional competence training for best practices in teaching competence based on Emotional Intelligence. These guidelines were:

- Access to job
- 2. Access the individual
- 3. Deliver assessments with care
- 4. Gauge readiness
- 5. Motivate
- 6. Make change
- 7. Make Self directed
- 8. Focus on clear and manageable goals
- 9. Prevent relapse
- 10. Give performance feedback
- 11. Encourage practice
- 12. Arrange support
- 13. Provide models
- 14. Encourage
- 15. Reinforce change
- 16. Evaluate.

Educational Institutions should cater utmost attention to student's interms of developing their emotional skills as they are the future leaders responsible for escalating organisation development and effectiveness. Goleman et al. (2002) suggested that the best leaders create resonance in their organizations and poor leaders create dissonance in the workplace. Goleman also asserted that leader's emotional intelligence is infectious. When the leader provides resonant energy the organisation thrives with vitality and improved productivity, but when the leader spreads dissonance, organizations collapse. So the curriculum should be set in such a manner that they become resonant leaders but not dissonant leaders with poor emotional competencies.

#### EMOTIONAL INTELLIGENCE AND GENDER

Although studies conducted in the past indicate contradicting results on Emotional Intelligence between males and females, common conclusions suggested that females are emotion oriented than males. (Argyle, 1990; Bernet, 1996; Heatherington, Stets and Mazzerrella, Sutarso, Baggert, Sutarso, & Tapia 1996). According to Bar-On's findings, females demonstrated more proficient interpersonal skills than males. But males demonstrated a more capable interpersonal ability than females. Males also are reported to be better at managing emotions and are more adaptable than females. (Bar-On, 1997). Females are empathetic and socially responsible (Bar-On, Roberta Bampton; 1999, Elizabeth J. Austin; 2004, Paul; 2007)). Bar-on also postulated that males are adept at coping with stress, solving problems and were more optimistic than females. Females characterized a closer linkage between self-esteem and body attitudes than males (Furham& Greaves, 1994).Females looked for emotion support, seeking emotion focused coping methods to a greater extent than males(Tapia&Marsh,2001)Males tended to focus on problem-coping strategies while females emphasized mood and emotion when facing problems (Butler &Nolen Hoeksema, 1994; Ptaseck, Smith & Dodge,1994). Female students were less confident and more anxious than males in solving mathematical computations and this was very evident in co-education (Charlotte Grassi, Vermeer, Harriet J; 2000)

Men reported more inhibition of aggressive feelings (Mc Conatho, Lightner, Deaner, 1994). Girl's demonstrated higher levels of self-monitoring behavior than boys (Cole, 1994; Davis 1995). ). Women showed high personality preference for Intuition (Kristin Backhaus, 2007) Empirical studies in review of literature indicate that there are many areas that have to be unraveled with respect to gender in the area of Emotional Intelligence. Most important finding revealed from the growing research and application is that improving emotional intelligence skill is an essential element for academic success, personal health, career performance and leadership (Low&Nelson, 2006).

#### EMOTIONAL INTELLIGENCE AND PERSONALITY TYPE

According to Pearman, MBTI personality types reflect how individuals see and act on these components of emotional intelligence. Li-Fang Zhang aimed to explore the relationship between thinking styles and emotions among 99 2nd-year (23 men, 76 women) university students in Hong Kong. Participants responded to the Thinking Styles Inventory-Revised (TSI-R), and the Iowa Managing Emotions Inventory (IMEI).Results indicated that thinking styles were associated with emotions and had predictive power for emotions beyond age. Fretz, Brucer (1967) found that students who improved academically after an educational skills course exhibited preference for a judging attitude, in contrast to a perceptive one. Malcolm Higgs found that Intuition and Extraversion are significantly and positively related to higher levels of EI such as interpersonal sensitivity, decision making. MBTI extraverts are not specifically described as being sensitive to others needs and are more self-centered. There is a positive relationship between MBTI extraversion and motivation. Malcolm Higgs found that MBTI feeling is significantly negatively correlated with emotional resilience. Sensing is negatively correlated with interpersonal sensitivity, decision making and total EI. MBTI perception is also significantly correlated with Intuitive decision-making. Felder aimed to study the effects of personality type on 116 engineering student performance and attitudes. There was a significant mean difference between intuitors and sensors on problem-solving ability and intuitors were high on problem-solving ability than sensors.

Kilduff conducted a study on 170 MBA students and suggested that extraverts were high in self monitoring and quick decision making. Kenneth O Doyle, (2000) using survey on U.S. adult population found that extraverts were happier than introverts, and tender minded were happier than tough minded. Eysenck, Pearson, Easting, & Allsopp, (1985) conducted a study on 51 female occupational therapy students and found that impulsiveness is positively correlated with extraversion, .57(p<.01). Corulla (1989) showed impulsiveness to be more aligned with extraversion than with psychoticism. Brackett, Nezlek, (2004) found a positive relationship between the ability to manage emotions and the quality of social interaction, on a sample of 118 American college students. Argyle (1990), Diener (1984), Diener et al (1992); Emmons and Diener (1986), Myers

# INTERNATIONAL JOURNAL OF RESEARCH IN COMMERCE & MANAGEMENT 60

and Diener, (1995) came with the consistent result that extraversion tends to predispose people toward positive affect regardless of the level of social contact. Joseph P. (1990) conducted a study on 137 students who completed the Eysenck Personality questionnaire and found that, impulsive subjects were neurotic extraverts and anxious subjects were neurotic-introverts.

Ugur Sak (2004) conducted a study to examine the personality type of 5,723 gifted adolescents. The most common personality types among gifted adolescents were lintuition" and "Perceiving." They were higher on Introversion, Intuition, Thinking, and Perceiving dimensions of the personality scales of the Myers-Briggs Type Indicator (MBTI) when compared to general high school students. The gifted males were higher than the gifted females in the Perceiving dimension. Ugur Suk (2004) found that gifted females were significantly higher in Extraversion, Intuition and Feeling dimension when compared to the gifted males (p < .01). There were no significant differences between gifted females and gifted males in the judging-perceiving scale. Dulewicz and Higgs (1999a) demonstrated, in a study of 111 senior and middle managers, and indicated positive relationships between the MBTI feeling pole, and the thinking pole with the El element of self-awareness.

Garland and Garland (1987) found that the two most common personality types for both business students and non- business students were SFJ and NFJ. Several studies have found that ISTJ, ESTJ, and INTJ are the most prevalent personality types among professional accountants. Professionals and entrepuners were high in self esteem than non-professionals and students who were not entrepunerically inclined.

Uslianer (1990) used personality and attitudinal variables to study high school student dropout status. The study concluded that male sensingperceiving type students may be at a higher risk for dropout from traditional high schools. Schweiger and Jago (1982) focused their research on decision-making and problem-solving by using MBTI. Their study indicate that Sensing types were more likely to be more participative than Intuitive types in their choice of autocratic or participative decision-making methods.Seides (1989) found that female participants scored higher than males on the feeling ego function, empathy, cognitive and emotional measures. Seide's study claimed that MBTI personality type ISFJ, INFP and INFJ had the highest scores on emotional empathy and ENFJ, INFP, INFJ, INTJ had the highest scores on cognitive empathy. Ugur Sak et al found a positive correlation between Intuition, Thinking and Emotional Intelligence. Intuitors were more likely to flourish in academics due to their objective and analytical inclination. Kristin Backhaus (2007) examined the role of intuition and cognitive styles and approaches to studying in business education on 222 American undergraduate business students. Kristin reported positive relationship between intuition and grade point average, self confidence and intuition.

Donald H. Saklofske conducted a study on a sample of 354 students to examine the relationship between personality traits and Emotional Intelligence. EI was found to be negatively and significantly correlated with Neuroticism, and positively and significantly correlated with Extraversion, Openness, Agreeableness and Conscientiousness.

#### GAPS IN THE REVIEW OF LITERATURE

The gaps in the literature are enumerated clearly below:

- The relationship between emotional intelligence and personality is not that clear and the present research aims to determine the exact connection of emotional intelligence and personality on professionals and non professional students.
- Studies on the relationship between extraversion and empathy are unclear and confusing. Some studies indicate a positive correlation and some studies indicate a negative correlation.
- Personality type has been shown to impact student performance in introductory economics courses. However, research did not ascertain the degree to which this relationship might vary across professional and non-professional courses.
- Studies in gender differences are inconclusive. Although some research has found that women are more emotionally intelligent than men, other studies have found no significant differences between males and females.

#### SIGNIFICANCE OF THE PRESENT STUDY

The present study intends to examine whether there is a significant relationship between an individual's personality and emotional intelligence among professional and non-professional students. This kind of study was not done by the researchers in the past in India. Studies in gender differences are inconclusive. Although some research has found that women are more emotionally intelligent than men, other studies have found no significant differences between genders. In this way this study would also bridge the gap in the review and add to the existing storehouse of knowledge. The study also indicates the personality preferences of professionals and non-professionals. The study can also be used as a basis to indicate the kind of profession; students can join by knowing the personality type. So in this way when there is a proper match, success would emanate. Research studies indicate that despite possessing a high IQ rating, success does not automatically follow. So this particular study enables an individual to realize the need to be emotionally intelligent, or learn the ways to enhance this ability and be prepared for all kinds of novel situations and cope with the situation very effectively and efficiently.

#### OBJECTIVE

The objectives of the study are:

- 1. To study the relationship between Emotional Intelligence and personality within professional students
- 2. To study the relationship between Emotional Intelligence and personality within non-professional students
- 3. To study the relationship between Emotional Intelligence and personality within male students
- 4. To study the relationship between Emotional Intelligence and personality within female students

#### SAMPLE

#### PARTICIPANTS

Sample was selected from student population. The total sample comprises 246 students with a mean age of 22.43 of Visakhapatnam district. 68 % constitute professional students and 31% constitute non-professional students. The sample was divided into professional students and non-professional students by considering the course that is being pursued by the students. Students pursuing MBA, MCA, B.E and B.TECH constitute professional course holders and students pursuing M.A in Psychology, English Literature, Social Work, Librarian Sciences, and Anthropology are ramified under non-professional course holders taking the Indian education system under consideration. Disproportionate stratified random sampling, a probability sampling method was used to collect the data from student population.

INTERNATIONAL JOURNAL OF RESEARCH IN COMMERCE & MANAGEMENT 61

#### INSTRUMENTATION

#### DEMOGRAPHIC SHEET

Information on biographical variables like age, gender, educational qualification and so on were procured.

**Emotional intelligence scale** developed by Dr.Meera shanker and Dr.Omer Bin Sayeed (2006) was used to examine the emotional intelligence of students. This is 6 point scale with "1" indicating strongly disagree,'2' indicating disagree, '3' indicating mildly disagree, '4' indicating disagree '4' indicating mildly agree '5' indicating agree, '6' indicating strongly agree. The scale consists of 61 items measuring 10 factors such as emotionality and impulsiveness, self- acceptance, problem-solving orientation, self-awareness, self-confidence, decisiveness and Independence, personal fulfillment, empathy, anxiety and stress, assertiveness. The psychometric properties of the items( corrected item to total correlation) and cronbach alpha reliabilities calculated for the subscales were quiet satisfactory. The median corrected item total correlations for ten accepted scales ranged from a minimum of 0.45 to 0.74.

Myer Briggs Type Indicator Form G developed by Isabel Myers and Katherine Briggs (1977) is used to measure the personality preference on 4 dichotomies that includes extraversion vs. introversion (E-I), sensing vs. intuition (S-N), thinking vs. feeling (T-F), judging vs. perceiving (J-P). This questionnaire consists of 126 items.

#### ANALYSIS OF DATA

Data analysis was carried out by using SPSS 16.0 version.

Pearson product moment correlation was used to examine the relationship between Emotional Intelligence and Personality of
professional and non-professional students.

EMOTIONAL INTELLIGENCE	PERSONALITY DIMENSIONS									
FACTORS	Extraversion	Introversion	Sensing	Intuition	Thinking	Feeling	Judging	Perceiving		
Emotionality and Impulsiveness	.274**	298**	061	059	.052	127	.045	079		
Self- Acceptance	.241**	197 *	103	009	.055	.020	.106	065		
Problem Solving Orientation	.154	121	061	027	008	069	.150	085		
Self-Awareness	.129	120	.049	041	031	035	.178*	146		
Self-Confidence	050	.078	007	090	034	.014	.122	084		
Decisiveness and Independence	.154	184*	028	028	.146	150	.008	.008		
Personal Fulfillment	.209*	278*	080	005	007	120	049	.039		
Empathy	091	.063	.035	067	303**	.118	.028	105		
Anxiety and Stress	091	.063	.035	067	303**	.118	.028	105		
Assertiveness	.062	109	152	.041	.034	155	.053	097		

\*P≤0.05, \*\*p≤0.01

The above table 1 indicates that there are significant correlations within male group between emotional intelligence factors and personality dimensions. There is a significant positive correlation between extraversion and emotionality & impulsiveness (.274, p<.01) and self-acceptance (.241, p<.01), personal fulfillment (.209, p<.05) within male groups. This indicates that male students showing a high preference for extraversion is happier, more impulsive, and has a high positive self concept. This finding is consistent with the previous finding arrived by Eysenck, Pearson, Easting, & Allsopp, (1985).

Self awareness is positively correlated with judging (.178, p<.05) and this indicates that male group showing a high personality preference for judging are high in self monitoring their strengths and limitations.

There is also a significant negative correlation between introversion and emotionality & impulsiveness (-.298, p<.01), self-acceptance (-.197, p<.01), decisiveness and independence (-.184\*, p<.01), personal fulfillment (-.278, p<.05) within male group supporting the previous findings inferred by Malcolm Higgs, Dulewicz and Higgs (1999). This indicates that male group showing a high preference for introversion is less impulsive, less happy and less likely to accept themselves due to negative self concept. Male students also have difficulty in making decisions.

There is a significant negative correlation between thinking and empathy and anxiety & stress (-.303, p<.01) and this indicates that male group showing a high preference for thinking are less empathetic and are less likely to feel anxious and stressed. Roberta Bampton, (1999), Paul (2007) found a negative correlation between thinking and empathy and anxiety & stress.

TABLE 2: INDICATING CORRELATION BETWEEN EMOTIONAL INTELLIGENCE AND PERSONALITY WITHIN FEMALE GROUP

EI FACTORS	PERSONALITY DIMENSIONS									
	Extraversion	Introversion	Sensing	Intuition	Thinking	Feeling	Judging	Perceiving		
Emotionality and Impulsiveness	.140	200*	057	.189	095	.148	.301**	295**		
Self- Acceptance	.372**	353**	022	013	187	.154	.315**	282**		
Problem Solving	.283**	311**	061	045	127	.082	.138	140		

# INTERNATIONAL JOURNAL OF RESEARCH IN COMMERCE & MANAGEMENT 62

Orientation								
Self-Awareness	.419**	432**	060	.094	062	.162	.282**	269**
Self-Confidence	.348**	429**	.023	.146	170	.239*	.197*	161
Decisiveness and Independence	.107	111	148	.117	.228*	252**	.214*	263**
Personal Fulfillment	.268**	320**	009	.052	109	.077	100	.068
Empathy	126	.086	.188	030	195*	.197*	.183	198*
Anxiety and Stress	126	.086	.188	030	195*	.197*	.183	198*
Assertiveness	.231*	285**	072	.005	003	040	.114	157

\*P≤0.05, \*\*p≤0.01

The above table (2) indicates that there are significant positive and negative correlations within female group on Emotional Intelligence factors and personality dimensions.

There is a significant negative correlation between introversion (-.200, p<.05), perceiving (-.295\*\*, p<.01) and emotionality and impulsiveness. This indicates that female group showing a high preference for introversion and perceiving are less likely to be impulsive. There is also a significant negative correlation between introversion (-.353\*\*, p<.01), perceiving (-.282\*\*, p<.01) and self- acceptance within female students. This indicates that female students showing a high personality preference for introversion and perceiving are less likely to accept themselves.

There is a significant negative correlation between introversion and problem-solving (-.311\*\*, p<.01), self-awareness (-.432\*\*, p<.01), self-confidence (-.429\*\*, p<.01), personal fulfillment (-.320\*\*), assertiveness (-.285\*\*, p<.01), emotionality & impulsiveness (-.200\*,p<.05) and this indicates that female group showing a high preference for introversion are less confident, less assertive, and have poor problem solving ability. There is a negative correlation between thinking and empathy (-.195\*p<.01), anxiety and stress (-.195\*T) within female group. This shows that female students showing a high preference for thinking are less empathetic and less anxious.

There is a significant positive correlation between extraversion and self- acceptance (.372\*\*, p<.01), problem solving(283\*\*, p<.01), self-awareness (.419\*\*, p<.01), self-confidence(.348\*\*, p<.01), assertiveness(.231\*, p<.05), personal fulfillment(.268\*\*, p<.01) and this indicates that female group showing a high preference for extraversion are very confident, assertive, happy and have high problem solving ability and this is consistent with the earlier studies conducted by Adriane Arteche, Brackett, Nezlek, (2004).

Judging is positively correlated with emotionality& impulsiveness (.301, p<.01), self-acceptance (.282\*\*, p<.01), self-confidence (.197\*, p<.01), decisiveness & independence (.214\*, p<.01), and this indicates that female group showing a high preference for judging is very self reliant, confident.

There is also a significant positive correlation between feeling and self-confidence (.239\*p<.01), empathy (.197, p<.05), anxiety and stress (.197\*p<.05) and this indicates that female students showing a high preference for feeling is more empathetic, anxious and stressed. There is a significant negative correlation between feeling and decisiveness &independence (-.252\*\*, p<.01) and this indicates that female group showing a high personality preference for feeling is indecisive and dependent.

EI FACTORS	PERSONALITY DIM	ENSIONS						
	Extraversion	Introversion	Sensing	Intuition	Thinking	Feeling	Judging	Perceiving
Emotionality and Impulsiveness	.228**	256**	014	028	.017	047	.166*	182*
Self- Acceptance	.263**	225**	075	007	046	.082	.186*	151
Problem Solving Orientation	.229**	177*	057	043	031	.026	.119	077
Self-Awareness	.239**	249**	.022	006	069	.049	.202**	187*
Self-Confidence	.023	005	.005	054	031	.039	.138	098
Decisiveness and Independence	.123	141	048	.007	.217**	219**	.182*	189*
Personal Fulfillment	.249**	-270**	.002	008	.077	.016	004	.041
Empathy	068	.044	.080	102	264**	.191*	.064	136
Anxiety and Stress	068	.044	.080	102	264**	.191*	.064	136
Assertiveness	.115	142	142	.046	033	018	.158*	209**

TABLE 3 INDICATING CORRELATION BETWEEN EMOTIONAL INTELLIGENCE AND PERSONALITY WITHIN PROFESSIONAL GROUP

\*P≤0.05, \*\*p≤0.01

The above table (3) indicates that there are significant positive and negative correlations between EI and personality dimensions within professional students. There is a significant positive correlation between extraversion and emotionality and impulsiveness (.228\*\*, p<.01), self-acceptance (.263\*\*, p<.01), problem-solving (.229\*\*, p<.01), self-awareness (.239\*\*, p<.01), personal fulfillment (.249\*\*, p<.01), within professional group and this indicates that professional group showing a high preference for extraversion were very impulsive, happy and more likely to accept themselves. They also have high levels of problem solving ability (Shipper and Davy, 2002)

There is also a significant positive correlation between judging and emotionality and impulsiveness (.166\*, p<.05),self-acceptance (.186\*, p<.05) decisiveness and independence (.182\*, p<.05), assertiveness (.158\*, p<.05) self-awareness (.202\*\*, p<.01) and this indicates that professional students showing a high preference for judging are very impulsive, decisive, assertive, independent and have positive self concept.

INTERNATIONAL JOURNAL OF RESEARCH IN COMMERCE & MANAGEMENT 63

There is a significant negative correlation between perceiving and emotionality and impulsiveness (-.182\*P<.05) within professional group. Perceiving is negatively correlated with self-awareness (-.187\*, p<.05), decisiveness and independence (-.189\*, p<.05), empathy (-.198\*, p<.05), assertiveness (-.209\*\*) within professional group and this indicates that professional group showing a high preference for perceiving are less empathetic, less impulsive, indecisive, unassertive, and unaware of their strengths and limitations.

There is a positive correlation between thinking and decisiveness and independence within professional group (.217\*\*, p<.01) and this shows that professionals showing a personality preference for thinking are decisive and self reliant. There is also a negative correlation between thinking and empathy (-.264\*\*, p<.01), anxiety and stress (-.264\*\*, p<.01), within professional group and this indicates that professional students showing a high preference for thinking are less empathetic and less anxious and stressed.

There is also a significant positive relationship between feeling and empathy (.191\*,p<.05), anxiety and stress (.191\*, p<.05) within professional group and this indicates that professional students showing a high preference for feeling are more empathetic, anxious and stressed.

There is also a negative correlation between introversion and emotionality and impulsiveness (-.256\*\*, p<.01), self-acceptance (-.225\*\*, p<.01), problem-solving factor (-.177\*p<.05), self-awareness (-.249\*\*, p<.01), personal fulfillment within professional group (-270\*\*, p<.01), and this indicates that professional group showing a high preference for introversion are less impulsive, less happier with themselves due to negative self concept. They have very poor problem solving ability and do not introspect their strengths and weaknesses.

There is also a significant negative correlation between feeling and decisiveness and independence within professional group (-.219\*\*, p<.01). This indicates that professional group showing a high preference for feeling are indecisive and dependent.

EI FACTORS	PERSONALITY DIMENSIONS								
	Extraversion	Introversion	Sensing	Intuition	Thinking	Feeling	Judging	Perceiving	
Emotionality and Impulsiveness	.159	206	161	.174	107	.158	.101	118	
Self- Acceptance	.332**	287*	042	041	098	.189	.196	143	
Problem Solving Orientation	.102	177	043	042	164	.062	.220	176	
Self-Awareness	.215	157	031	.023	035	.202	.235*	175	
Self-Confidence	.119	186	020	007	257*	.235*	.151	108	
Decisiveness and Independence	.163	191	146	.079	.126	169	067	.049	
Personal Fulfillment	.142	272*	172	.054	023	029	235*	.120	
Empathy	229*	.228*	.132	.002	287*	.249*	.119	.110	
Anxiety and Stress	229*	.228*	.132	.002	287*	.249*	.119	.110	
Assertiveness	.148	233*	059	030	.108	191	090	.094	

TABLE 4 INDICATING CORRELATION BETWEEN EMOTIONAL INTELLIGENCE AND PERSONALITY WITHIN NON-PROFESSIONAL GROUP

\*P≤0.05, \*\*p≤0.01

The above table indicates that there are significant positive and negative correlations within non-professionals on emotional intelligence factors and personality dimensions.

There is a significant positive correlation between extraversion and self acceptance (.332\*\*, p<.01) within non-professional group. This shows that non-professionals showing a high preference for extraversion are more likely to accept themselves despite some strengths and weaknesses. There is a significant negative correlation between extraversion and empathy and anxiety and stress (-.229\*), and this shows that non-professionals showing a high preference for extraversion are less empathetic, less anxious.

There is a significant negative correlation between introversion and self acceptance (-.287\*,p<.05) personal fulfillment(-.272\* p<.05), assertiveness(-.233\* p<.05) and this shows that non-professional group showing a high preference for introversion are unhappy, less assertive and are less likely to accept themselves (Furnham, Adrain, 1993). There is a significant positive correlation between introversion and empathy, anxiety and stress factor (228\* p<.05), and this indicates that non-professional group showing a high preference for introversion are more empathetic, anxious and stressed and this is consistent with earlier studies conducted by Joseph P. (1990)

There is a significant negative correlation between thinking and self-confidence (.235\*, p<.01), empathy, anxiety and stress factor (-.287\* p<.05) and this indicates that non-professional group showing a high preference for thinking are less likely to understand others feelings and feel less stressed.

There is a significant positive correlation between feeling and self-confidence (-.257\*, p<.05), empathy (249\* p<.05) anxiety and stress factor (249\* p<.05), and this shows that non-professional group showing a high preference for feeling are empathetic, confident and are more likely to be anxious.

There is a significant positive correlation between judging and self acceptance within non-professional groups (.235\*, p<.05), and this shows that non-professional group showing a high preference for judging are high in self monitoring and have good problem solving ability.

There is a significant negative correlation between judging and personal fulfillment factor within non-professional groups (-.235\*, p<.05), and this shows that non-professional group showing a high personality preference for judging are more likely to prone to feelings of apathy, disappointment.

#### **IMPORTANT FINDINGS**

GENDER:

- There is a positive correlation between extraversion and self-acceptance, personal fulfillment on both male and female groups.
- There is a negative correlation between introversion and impulsiveness, self acceptance, decisiveness, personal fulfillment factor on both male and female groups.

- There is a negative correlation between thinking and empathy, anxiety factor on both male and female groups.
- There is a positive correlation between judging and impulsiveness, self acceptance, self-awareness, decisiveness within the female group.

#### PROFESSIONAL VERSUS NON PROFESSIONAL GROUP:

- There is a positive correlation between extroversion and other EI factors like impulsiveness, self acceptance, problem solving, self awareness, personal fulfillment within professional students. But more number of negative correlations is seen between extraversion and empathy, anxiety among non-professionals.
- There is a negative correlation between introversion and impulsiveness, self acceptance, problem solving, self awareness; personal fulfillment among professionals. The above relationship is not true for nonprofessionals.

#### CONCLUSION

Results indicate significant positive and negative correlations within professional and non-professional student groups on some factors of Emotional Intelligence and Personality. This study would act as an alarm to educational setting in terms of identifying students who are emotionally weak and give some interventions immediately to enhance their quality of life and psychological well-being. As the pressures for professionals are very high when compared with non-professionals, professionals should be trained by teachers to handle all kinds of novel situations. These kinds of training sessions or simulations would not only act as preventive measures but promotes professional success in their future endeavors.

#### SUGGETIONS FOR FUTURE RESEARCH

- There appears a need to conduct future studies in a wider range of organizations, in order to test further the findings and build a
  more generalisable basis for interpretation of the results. This development of a more generalisable level of result would be aided if
  such future studies would be conducted with more balanced populations in terms of gender
- Future studies can examine the concept of emotional intelligence within the framework of pharmacy or pharmacy education as there is no research done on that area. .
- This research does not consider factors like age and ethnic background, which might have an impact on the emotional intelligence and personality type.
- Future studies should investigate steps that management schools can take to help alleviate these emotional problems.

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# REQUEST FOR FEEDBACK

### Esteemed & Most Respected Reader,

At the very outset, International Journal of Research in Commerce and Management (IJRCM) appreciates your efforts in showing interest in our present issue under your kind perusal.

I would like to take this opportunity to request to your good self to supply your critical comments & suggestions about the material published in this issue as well as on the journal as a whole, on our E-mails i.e. **info@ijrcm.org.in** or **infoijrcm@gmail.com** for further improvements in the interest of research.

If your good-self have any queries please feel free to contact us on our E-mail infoijrcm@gmail.com.

Hoping an appropriate consideration.

With sincere regards

Thanking you profoundly

## Academically yours

Sd/-

## **Co-ordinator**